

EMMANUEL COLLEGE

THE PHYSICAL EDUCATION DEPARTMENT

Year 8



Year 8	Autumn Term	Spring Term	Summer Term
Unit Title	Developing existing skills and techniques with an increased focus on tactical development.		
Key Question(s)?	How do I further develop my skills and techniques in a range of sports and begin to understand the more technical and tactical developments of the sports?		
Threshold Concepts	Students will further develop their understanding of invasion games within Year 8. Students will gain an understanding of the technical developments of the sports and will begin to have both teacher-led and group discussions surrounding tactical play. They will have an increased knowledge of how their body works and will understand what it means to be an effective leader, taking on more leadership opportunities within lessons.		
Link to Prior Knowledge	Students will have experienced all sports on offer in Year 7 and will therefore have a clear understanding of what is required of them in each sport. Students will have experienced basic game play situations with an introduction into the rules and regulations of the sports and will have an understanding of what it means to be a good sportsperson.		
Knowledge and Sequencing Rationale	Students will begin to build on their basic skills from Year 7 by learning more complex skills such as a 'lay-up' in basketball. Students will take part in a range of sporting activities and will begin to build on their knowledge and understanding of health and fitness. Using different training methods students will gain an awareness of how the different body systems work and can be trained. Students will begin to improve their leadership and communication skills by, for example, leading warm-ups.		