

EMMANUEL COLLEGE

THE PHYSICAL EDUCATION DEPARTMENT

Year 9



Year 9	Autumn Term	Spring Term	Summer Term
Unit Title	Creating opportunities for application of knowledge in a range of sports.		
Key Question(s)?	How do I apply my skills and knowledge effectively in a range of sports?		
Threshold Concepts	<p>Students will gain the knowledge of how to effectively apply the knowledge gained in Year 7 and 8 to more advanced game situations. Students will continue to further develop their knowledge on the rules and regulations of the sports and will develop and build on their basic skills learnt in Year 7 and 8 to develop more advanced skills and techniques. With the development of this knowledge students will apply their understanding to the skills into game-based situations which require a more advanced thought process on the different skills which should be used in different situations within the game. Students will gain more insight into how the body works, looking at leading and developing their own warm up routines and will take part in a range of fitness activities with a focus on wellbeing. Student will have the opportunity to extend their knowledge of the outdoors further by enrolling on the Duke of Edinburgh Award scheme, which will give them a more varied experience of different aspects of teamwork and communication.</p>		
Link to Prior Knowledge	<p>Students will have begun to develop on the basic skills learnt in a range of sports and will have a more advanced knowledge of the rules and regulations surrounding sports taught. They will have some understanding of tactical play within a range of sports and will have a basic understanding of how the body works due to fitness-based activities.</p>		
Knowledge and Sequencing Rationale	<p>Students continue to improve their physical skills and fitness in a range of sporting activities. Students' skill levels will be challenged with new skills as they begin to understand the use of tactics in sporting situations. There is continued character development and leadership opportunities within the PE curriculum and with the introduction of the Duke of Edinburgh Award scheme which encourages service in the community. Badminton is introduced as an individual sport and with it new ways of looking at coordination.</p>		