



7 March 2024

Dear [RecipientTitle] [RecipientSurname]

Year 10 Examinations

I am writing to give you advance notice that the annual Year 10 examinations will take place from **15 April to 26 April** inclusive. Full attendance during the exams is expected and we ask you not to book any medical or other routine appointments during this period. You will find a copy of the timetable [here](#).

Students will be assessed on the GCSE content they have learnt since Year 10 and prior relevant content from Years 7-9. Students will have their assessments in the Sports Hall at examination desks as they will do in their final GCSE examinations in June 2025. This is to give students the experience of the exam hall and procedures in advance of summer 2025. This means students will continue to develop the routines needed to ensure a strong start to the Year 11 exam series. It is really important that students treat these trial exams seriously and prepare for them by revising at home. In many cases, the homework that is currently being set by subject teachers can also be classed as revision for that subject. Revision material will be made available by subject teachers on Teams.

We want your child to achieve the best grades that they can, and this is made possible when there is a partnership between the student, the school and parents. There are a number of simple things that you can do as parents to help your child to be as prepared as possible. Studies show that high parental interest is linked with better exam results than for children whose parents show little interest. Each student will receive revision checklists and an exam timetable which can be used to record what revision needs to be done and by when. These will be vital in helping students organise their time.

Effective Revision Strategies

There is a wealth of information on our school website about how to revise effectively. Please see a [link](#) to our Emmanuel Excellence Revision Strategies for further information and support.

Wellbeing

Revising for and completing exams can create additional stress for students. Leading up to exams there are ways students can manage their stress levels. There are a number of practical things you can do as a parent to help:

- Encourage your child to attend any extra revision sessions including 'Emmanuel Masterclasses';
- Provide a quiet, well lit working space;
- Help your child to put together a revision timetable showing what subjects your child is going to look at on which days;
- Help your child to follow their revision timetable with a quick conversation after each session to ask how it went and when these topics need to be returned to;
- Encourage your child to lead a healthy lifestyle, including 8 hours sleep per night;
- Be sensitive to the pressure and stress that your child may be experiencing. Encourage them to speak to you about it;
- Make sure that time is built in for exercise and recreation.

Please see a link to our Emmanuel guide to coping with exam stress [here](#).

These examinations will give a true picture of the level at which students are at present, with a little over a year until GCSE exams begin. It is important, therefore, for our Year 10 students to work hard to achieve maximum success in these examinations and show their true ability in their chosen subjects.

On the basis of these examinations, and on the work done during the course of this academic year, results will be issued on 17 May.

All the staff at Emmanuel College wish your child every success in their forthcoming exams. Please do get in touch if you require any further support or have any questions.

Yours sincerely

Mrs R Hall

Vice Principal (Quality of Education)

Mr J Lloyd

Assistant Vice Principal (Academic Standards)