



EMMANUEL COLLEGE

Emmanuel Schools Foundation

3 June 2024

Dear Parents and Carers

Year 7 Examinations

I am writing to give you advance notice that the annual Year 7 examinations will take place from **17 June to 21 June** inclusive. Full attendance during the exams is expected and we ask you not to book any medical or other routine appointments during this period. You will find a copy of the timetable [here](#).

Students will be assessed on the content they have learnt since the start of the academic year. Students will have their assessments in the sports hall at examination desks, as they will do in their final GCSE examinations in June 2028. This is to give students the experience of the exam hall and procedures well in advance of external exams. This means students will begin to develop the routines and habits needed to ensure future academic success. It is really important that students treat these annual exams seriously and prepare for them by revising at home. In many cases, the homework that is currently being set by subject teachers can also be classed as revision for that subject. Revision material will be made available by subject teachers on Teams.

We want your child to achieve the best grades they can, and this can be made possible when there is a partnership between the student, the school and parents. There are several simple things you can do to help your child be as prepared as possible and studies have shown that high parental interest is linked with better exam results. Each student will an exam timetable which can be used to record what revision needs to be done and by when.

Effective Revision Strategies

There is a wealth of information on our school website about how to revise effectively. Please see a [link](#) to our Emmanuel Excellence Revision Strategies for further information and support.

Wellbeing

Revising for and completing exams can create additional stress for students. Leading up to exams there are ways students can manage their stress levels. There are a number of practical things you can do as a parent to help:

- Help your child to follow their revision timetable;
- Provide a quiet, well lit working space;
- Encourage your child to lead a healthy lifestyle, including eight hours sleep per night;
- Be sensitive to the pressure and stress that your child may be experiencing. Encourage them to speak to you about it;
- Make sure that time is built in for exercise and recreation.

Please see a link to our Emmanuel guide to coping with exam stress [here](#).

On the basis of these examinations and the work undertaken during the course of this academic year, an annual report will be issued.

All the staff at Emmanuel College wish your child every success in their forthcoming exams. Please do get in touch if you require any further support or have any questions.

Yours sincerely

Mrs R Hall

Vice Principal (Quality of Education)