



EMMANUEL COLLEGE

CORE KNOWLEDGE

What I will know and understand when studying Personal Development. Year 7

This year in Personal Development we will be learning		This links to:	Key Vocabulary:	
 EMMANUEL COLLEGE PERSONAL DEVELOPMENT RELATIONSHIPS EDUCATION	In Relationship education lessons you will learn about • What do we mean by 'all human beings' matter'? • What do positive relationships look like, including online? • How do we make good friends? • What do mean by our identity? • How do we communicate well in relationships? • What are the Protected Characteristics?	This unit has strong links to our health and wellbeing, as we know that good friendships makes an important difference to our wellbeing. Understanding the protected characteristics links to our rights and responsibilities as we learn what the laws says about equality.	• Human beings • Positive relationships • Good friends • Identity • Communication	• Protected Characteristics • Equality
 EMMANUEL COLLEGE PERSONAL DEVELOPMENT CHARACTER EDUCATION	In Character lectures you will learn about • What do we mean by Character? • What are virtues? • What are some threats to us when we are online and how do we keep safe? • How do we develop the power of reflection • What does it mean to thrive in our world today?	This unit links with everything we do here at Emmanuel from how we behave, to what we learn and what we do. There are important opportunities for you to take part in Co-curricular activities.	• Character • Virtues • Reflection • Flourishing • Habit formation • Role models	• Co-Curricular • Reflection
 EMMANUEL COLLEGE PERSONAL DEVELOPMENT RIGHTS & RESPONSIBILITIES EDUCATION	In Rights and Responsibilities lectures you will learn about • What is a Citizen? • What do we mean by Fundamental British Values? • What are rights and responsibilities? • What does it mean to be part of a community? • Why do we have rules? • What do we mean by diversity?	This unit has links to the work we do in relationship education on the equalities act. In History in year 8 you will look in more detail at the development of democracy and equality in England.	• Citizen • Rights • Responsibilities • Rules • Community • Democracy	• Fairness • British Values • Petition • Protest • Diversity
 EMMANUEL COLLEGE PERSONAL DEVELOPMENT HEALTH & WELLBEING EDUCATION	In Health and Wellbeing lessons you will learn about • What does it mean to be healthy? • How do we make healthy decisions? • What do we mean by mental wellbeing? • What threats are there to us living healthily? • What safety strategies do we have to keep us safe?	This unit links with important work you do in Food technology on nutrition and eating healthily and in Physical Education lessons on the importance of exercise.	• Healthy • Mental wellbeing • Threats • Safety strategies	
 EMMANUEL COLLEGE PERSONAL DEVELOPMENT FUTURES EDUCATION	In Futures Lectures you will learn about • Why do we work? • What different types of work are there? • What skills do I have and why are these important in the world of work? • What is enterprise? • Why do people have bank accounts? • What does budgeting mean?	This unit links with what you learn about Character. Reflecting on why we work helps us to understand about our motivations and can help us to thrive.	• Self Employed • Employed • Volunteer • Aspirations • Career pathway	• Budgeting • Finances • Debt • Investment • Savings • Interest rates